



# Focus on Addiction Care Symposium:

*New Approaches, Advantages  
and Challenges*

**5th of December, 2023**

**18:00 (Türkiye Time)  
10 a.m. (EST Time)  
7 a.m. (PST Time)  
4 p.m. (CET Time)**

**Click the Microsoft Teams link to  
attend the event directly:**



**<https://bit.ly/3uorKq8>  
Teams meeting ID:  
367 218 410 937  
Passocode:kLgXLS**

*The Symposium is hosted by Ege University Institute on Drug Abuse, Toxicology and Pharmaceutical Science, Department of Drug Abuse. The event focuses on discussions on the latest research, treatment methods and strategies to address the complex and critical issues surrounding addiction care.*

**The Symposium is online,  
free to attend and in English.**

**Scan  
Here to  
Attend!**



*Registration is not necessary.*

*For more information:  
[www.bati.ege.edu.tr](http://www.bati.ege.edu.tr)*

## AGENDA

18:00 <sup>Türkiye Time</sup>

### Opening Session/ Welcome Remarks

Assoc. Prof. Dr. Gorkem YARARBAS &  
Lect. Inci Derya YUCEL

18:05 <sup>Türkiye Time</sup>

### Digital Interventions for the Treatment of Behavioral Addictions

Prof. Dr. Michael P. Schaub

18:35 <sup>Türkiye Time</sup>

### Addiction and Change: Understanding the Process of Initiation and Recovery

Prof. Dr. Carlo DiClemente

19:05 <sup>Türkiye Time</sup>

### Psychiatry and the Most Vulnerable - Innovative Ways of Service Integration in the Community and Virtual Care

Prof. Dr. Reinhard Michael Krausz

<sup>Türkiye Time</sup>

19:35

### The Latest Evidence from the Cochrane Review of E- Cigarettes for Smoking Cessation

Assoc. Prof. Dr. Jamie Hartmann-Boyce

20:05 <sup>Türkiye Time</sup>

### Emerging Trends in Addiction

Assoc. Prof. Dr. Umut KIRLI

20:25 <sup>Türkiye Time</sup>

### Short Break



## AGENDA

Türkiye Time  
20:30

**Therapeutic Community  
Method for the Treatment  
of Drug Use. Results in  
the Bucharest-Jilava  
Penitentiary**

Dr. Antoanela Cristina TEOROC

Türkiye Time  
20:45

**The Pathogenic Potential  
of Consumption and  
Social Media**

Lect. Saskia Ehrhardt

Türkiye Time  
21:00

**Psychological Factors in  
Smoking Cessation Clinic:  
Analysis of Adherence,  
Depression and Anxiety**

Lect. Ph.D.c. Inci Derya YÜCEL

Türkiye Time  
21:15

**Stigma and Addiction:  
Focus on Society**

Res. Assis. Dr. Demet HAVACELIGI ATLAM

Türkiye Time  
21:30

**You Have a Second  
Chance: Vocational  
Training and Social Re-  
integration for Former  
Substance Users**

Theodoris Kostoulas

Türkiye Time  
21:45

**Closing Speech**

Assoc. Prof. Dr. Gorkem YARARBAS





## HOST



### **Assoc. Prof. Dr. Gorkem YARARBAS**

Ege University, Institute on Drug Abuse, Toxicology and Pharmaceutical Science, Türkiye

**G. Yararbas is a physiologist investigating nicotine addiction and smoking behavior for better preventive approaches and more effective treatments.**

## KEYNOTE SPEAKERS



### **Prof. Dr. Michael P. SCHAUB**

University of Zurich, Swiss Research Institute for Public Health and Addiction, Switzerland

**M. Schaub is a trained psychotherapist with a strong clinical and scientific background as well as a public health expert in the area of substance use disorders and behavioral addictions.**



### **Prof. Dr. Carlo DICLEMENTE**

University of Maryland, Baltimore County (UMBC) College of Arts, Humanities, and Social Sciences, Department of Psychology, USA

**C. DiClemente is co-creator of the Transtheoretical Model and his current research projects include assessing the process of smoking initiation and cessation, motivation and stages of change.**



### **Prof. Dr. Reinhard Michael KRAUSZ**

The University of British Columbia, Faculty of Medicine, Canada

**R.M. Krausz is a psychiatrist, specializing in the comorbidity of severe mental illness and addiction. His research primarily focuses on psychosis and psychotropic substance use.**



## GUEST SPEAKERS



### **Assoc. Prof. Dr. Jamie HARTMANN-BOYCE**

University of Massachusetts Amherst, USA

J. Hartmann-Boyce's interest mainly consists of evidence synthesis work, with a focus on health behaviours, long-term conditions and new and complex methodologies.



### **Theodoris KOSTOULAS**

Odyssea, Greece

T. Kostoulas is a mechanical engineer with years of experience in program management, educational programs development and project coordination.



### **Dr. Antoanela Cristina TEOROC**

Bucharest-Jilava Penitentiary, Romania

A. C. Teoroc, professional social worker and university lecturer at the University of Bucharest. Mrs. Teoroc has been working in the penitentiary for 28 years and for the most part was the deputy director for social reintegration.



### **Lect. Saskia EHRHARDT**

The University of Applied Sciences  
Campus Vienna, Austria

S. Ehrhardt has many years of professional experience as a social therapist and social worker in the addiction support area. She deals primarily with the social dimension of health and illness.





## SPEAKERS



### **Assoc. Prof. Dr. Umut KIRLI**

Ege University, Institute on Drug Abuse, Toxicology and Pharmaceutical Science, Türkiye

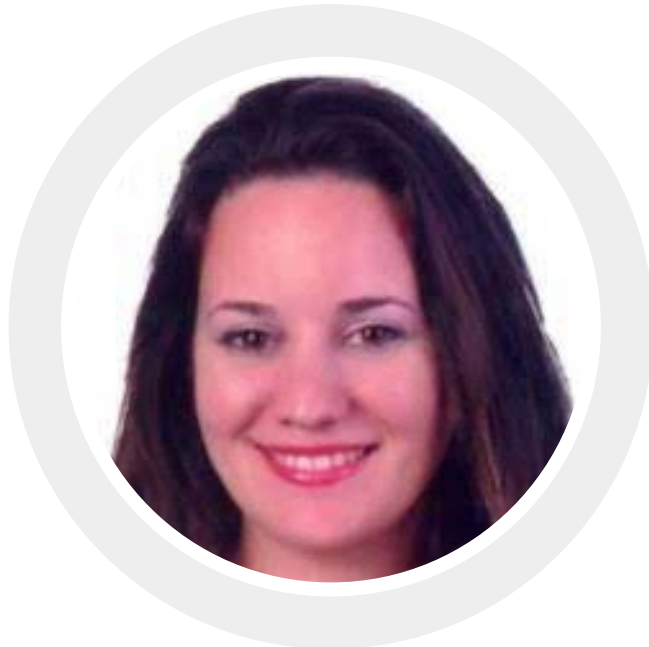
**U. Kirli is a psychiatrist & psychotherapist focusing on abnormal psychology, addiction and epidemiology.**



### **Lect. Inci Derya YUCEL**

Ege University, Institute on Drug Abuse, Toxicology and Pharmaceutical Science, Türkiye

**I.D. Yucel is a Ph.D. candidate on addiction with a thesis on tobacco use; psychologist, brief solution-focused therapist, certified mindfulness trainer, cognitive behavioral therapy, skilled on cognitive behavioral studies, clinical trials on addiction.**



### **Res. Assis. Dr. Demet HAVACELIGI ATLAM**

Ege University, Institute on Drug Abuse, Toxicology and Pharmaceutical Science, Türkiye

**D. Havaceligi Atlam is a sociologist who works in the areas of health sciences, youth studies, addiction sociology, stigma and attitude.**

